



FREE ROUTINE GUIDE

4-Step Glow Guide

A simple morning-and-night facial routine
for the Natural XScentrics Four-Step Daily Facial Kit.

Cleanse. Target. Hydrate. Moisturize.

Natural XScentrics helps you move from inconsistent to intentional care with a routine that is easy to follow and easy to repeat.

WHAT THIS GUIDE HELPS YOU DO

Use the Face Kit in the approved order, keep the routine gentle, and know what each step is meant to do in your morning and nighttime care.

Designed For The Four-Step Daily Facial Kit

This free guide pairs with the Natural XScentrics Four-Step Daily Facial Kit and keeps the routine simple enough to repeat morning and night.

Oatmeal Soap	3 oz Witch Hazel	3 oz Aloe Vera Gel	2 oz Face Oil
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Before You Begin

Use this routine twice daily: morning and night.

GENTLE ROUTINE REMINDERS

Start with clean hands. Use gentle pressure. Avoid the eye area. Discontinue use if irritation occurs.

EDUCATION NOTE

This guide is for cosmetic self-care education only. It is not medical advice and does not diagnose, treat, or prevent skin conditions.

The Four Steps

STEP 1 Cleanse Wash with oatmeal soap and rinse. Customer note: Do not rush the rinse. A clean rinse helps the rest of the routine feel smoother.	STEP 2 Target Apply witch hazel with a cotton pad to targeted areas of concern. Customer note: Use a light hand. This step is meant to be focused, not heavy.
STEP 3 Hydrate Apply aloe vera gel over the entire face, including lips. Customer note: Allow it to settle before moving to the final oil step.	STEP 4 Moisturize Apply face oil lightly using the dropper. Use approximately 5 drops. Customer note: Press or smooth the oil onto the face gently, avoiding the eye area.

Morning + Night Routine

Order	Step	What to do
1	Cleanse	Wash with oatmeal soap and rinse.
2	Target	Apply witch hazel to targeted areas of concern.
3	Hydrate	Apply aloe vera gel over the face and lips.
4	Moisturize	Apply approximately 5 drops of face oil.

ROUTINE RHYTHM

Use the full four-step routine in the morning when you want skin to feel clean, refreshed, moisturized, and ready for the day. Repeat the same order at night to end the day with intentional care.

Tips For Consistency

- Keep the kit in one easy-to-reach place.
- Use the same order every time.
- Do not overload the skin with extra product.
- Pay attention to how your skin feels.
- Keep your routine gentle and repeatable.

SIMPLE REMINDER

Cleanse. Target. Hydrate. Moisturize. That is the Natural XScentrics 4-step facial routine.

What To Expect

This routine is designed to help skin feel clean, refreshed, moisturized, and ready for the day or night.

Results and product feel can vary from person to person.

Natural XScentrics Promise

Purposeful natural care designed to help you feel uplifted, empowered, and confident in the way you care for your body.

For external use only. Avoid the eye area. Discontinue use if irritation occurs.